



# Australia & New Zealand Rhinologic Society



**Australasian Academy of Facial Plastic Surgery**

Patient details

FirstName:

Surname:

DOB:

Record ID:

Medicare covers rhinoplasty, where the indication for surgery is airway obstruction and the patient has a self-reported Nasal Obstruction Symptom Evaluation (NOSE) Scale Score of >45 or where the indication is significant acquired, congenital or developmental deformity. involving nasal or septal cartilage graft, or nasal bone graft, or nasal bone and nasal cartilage graft, for correction of nasal obstruction or post-traumatic deformity (other than deformity resulting from previous elective cosmetic surgery), or both Sufficient photographic and /or NOSE Scale evidence demonstrating the clinical need for this service must be included in patient notes .

Over the past ONE month, how much of a problem were the following conditions for you?

Please **circle** the most correct response

	<i>Not a Problem</i>	<i>Very Mild Problem</i>	<i>Moderate problem</i>	<i>Fairly Bad Problem</i>	<i>Severe problem</i>
1. Nasal congestion or stuffiness	0	1	2	3	4
2. Nasal blockage or obstruction	0	1	2	3	4
3. Trouble breathing through my nose	0	1	2	3	4
4. Trouble sleeping	0	1	2	3	4
5. Unable to get enough air through my nose during exercise or exertion	0	1	2	3	4

Results – the answers are added and multiplied by 5 to give the final score:

- 0 – no obstruction
- 5-25 – mild obstruction
- 30-50 – moderate obstruction
- 55-75 – severe obstruction
- 80-100 – extreme obstruction

**Patient Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



